



ZIMBABWE PSYCHOLOGICAL ASSOCIATION

Our Vision

To aspire to excel as a valuable, effective and influential organization which aims at advancing psychology as a science in the society .

Our values

- Excellence
- Knowledge
- Diversity
- Ethics

Self care

Make personal and professional self-care a priority .

Find time for activities that are personally restorative such as brisk walking or other forms of exercise .

Pursue opportunities for intellectual stimulation, including some outside your profession

Self-care activities should be tailored to your individual circumstances and needs

MESSAGE FROM ZPA PRESIDENT

It's the beginning of the year and it is by grace that we are here. We are at a point in history where the world is realizing the important role played by psychologists in tackling human problems. We need to be geared up to fill different spaces in the world and make Psychology brand known starting from grassroots level to the international arena. When doors open, it however needs more than education or experience to be able to take up presenting opportunities.

There is need for more of believing in ourselves and knowing that we have the strength within us to make a difference in the world. In line with the theme for 2022 'you are stronger than you think' ,I would like to urge all ZPA members and psychologists at large to have confidence and understand that they have what it takes to change things for the better.

Let us not look down up ourselves or get discouraged by setbacks. Doing great things calls for dreaming big and living in the dreams even when reality says otherwise. Let's have a positive attitude about ourselves and our profession – lets ask ourselves – what am I doing to uphold the profession?. I urge all of us to work together for better results. Stay safe and know that we can do it!!

AS WE BEGIN THE YEAR.....

All registered health professionals including psychologists are expected to renew their practicing certificates on a yearly basis. According to Health Professions Act (Chpt 27:19) section 92(1), it is an offence for practitioners to practice without valid practicing certificates. Psychology students are also expected to register with the regulator-Allied Health Practitioners Council of Zimbabwe (AHPCZ). Students only register once for the duration of their entire course of study.

Does registration matter? Yes, it ensures that registered psychologists practice in a way that promotes the health and safety of the public. Unregistered persons are not allowed to practice or represent themselves as members of any health profession. Thus, all unregistered persons practicing as psychologists must be reported to AHPCZ on info@ahpcz.co.zw.



CALL FOR ABSTRACTS: PAPU CONGRESS

The 2nd **Pan-African Psychology Congress** - fully online and CPD accredited - will feature **global, continental and country leaders in their fields.**

To celebrate psychology as a science and practice in Africa, you are invited to submit abstracts that highlight psychology and the challenges it faces, inviting areas of cooperation with other national bodies.

Abstract submission closes 15 February 2022! Register now! Use this link to sign up for PAPU 2022 and submit an abstract:
[https:// www.panafricanpsychologyunion.org/?p=472](https://www.panafricanpsychologyunion.org/?p=472)

IMPORTANT 2022 AHPCZ SCHEDULE

1. Psychology Board Examinations

Session	Due Date
1st Board Examination	
Submission	31 March 2022
Files Marking	30 April 2022
Exam Notice	6 May 2022
Board Examinations	2 and 3 June 2022
Results	10 June 2022
2nd Board Examination	
Submission	30 June 2022
Files Marking	31 July 2022
Exam Notice	5 August 2022
Board Examinations	1 and 2 September 2022
Results	9 September 2022
3rd Board Examination	
Submission	30 September 2022
Files Marking	31 October 2022
Exam Notice	7 November 2021
Board Examinations	30 November and 1 December
Results	9 December 2022

“A strong, positive self-image is the best possible preparation for success”.
Joyce Brothers

Did you know ?

“Trauma is a fact of life. It does not, however, have to be a life sentence”.
Peter A. Levine

2.Zimbabwe Health Journal

Issue 1	Dates
Call for papers	31 January 2022
Deadline for paper submissions	18 March 2022
Publication	8 June 2022
Issue 2	
Call for papers	24 June
Deadline for paper submissions	18 August
Publication	30 November



ZPA SOCIAL MEDIA PLATFORMS

- LinkedIn** :Zpa Zimbabwe
- Facebook** :Zimbabwe psychological Association
- Instagram** :zim_psychology_assoc_zpa
- Twitter** :@ZimbabwePsycho1

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*“Don't compare yourself with other people; compare yourself with who you were yesterday.”
Jordan Peterson*



www.zpazim.org